



Matthew Meyer  
County Executive  
Div. of Comm. Resources

# Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

**March  
2022**

## From the Director's Desk

Are you ready for spring? I think we are! I'm looking forward to planting the garden. Last summer was a good year for our garden.

Our calendar will be full for the spring and summer. We're planning new trips for 2022 and yes, I'm putting the trips you ask for on the calendar. Keep in mind that some trips are planned ahead, including your suggestions.

We will celebrate ABJ SR Center 46th Anniversary. An anniversary provides a great time to reflect and remember the members that we started with years ago. Over the years there were challenges, but with challenges we grow. We have met so many people and made friends. Some of our members went on week vacations together. Senior centers offer activities, trips, speakers, a hot lunch and much more. I think we made a difference in a lot of lives. There is no need to sit home alone anymore. Delaware has several senior centers.

On that happy note we hope you get out an about.

As always thank you staff for doing a great job and for making my job easier.

See you at the center. Best regards ~ Joan

## New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

### MARCH BIRTHDAYS

Fannie (Marlene)Aiken	JoAnn Eatmon	Harry Rash
Debra Banville	Don Gerwig	Micky Romano
Sharon Ball	Patricia Hargraves	Frank T. Suntain
Barbara Byrd	Florence Hill	Roy Swaby
Nancy B. Bogart	Mary Pat Harper	Janie M, Santak
Ming Sun Chang	Charles Hutt	Betty Smith
Albert Deschamps	William Kaper	Annette Tomasello
Joseph D'Erasmo	Irene Murphy	Dora Toribio
Donna Douglas	Sandra Poe	Bernadette Wilmore
Darlene Bargelski	Shirley M. Riley	Dorothy Zupon
Dona Enyedy	Carol Reule	

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

**Please DO NOT call the Center.**

### UPCOMING ACTIVITIES AT THE CENTER

March 19, Speaker from Blind Sight Delaware @11:30  
 April 14, Jazz Concert 11:30-12:30  
 April 18, "46" Anniversary Party 4-8 p.m. call for info  
 May 9, Grounds for Sculpture 9-3 p.m.  
 June 6, Rehoboth Beach 8:30-3 p.m. \$5  
 June 15, Philadelphia Flower Show is in The Franklin Delano Roosevelt Park  
 July 27, Cape May / Cape May Wicker Store coach \$40 8:30-6:30 p.m.  
 August 24, Thunder Over the Board Walk coach \$40 8:30-6:30 p.m.

Registration and payment required for above trips.

**PAYMENT DUE WHEN YOU SIGN UP. For info 302-995-7636**

**NO TRIP OR SHOW REFUNDS UNLESS WE HAVE SOMEONE TO REPLACE YOU!**

### STAFF

**Director**  
Joan Budrow  
**Assistant Director**  
Judy Panchisin  
**Site Manager**  
Sheila Kellam  
**Secretary**  
Sheila Carlisle  
**Drivers**  
Wayne Winters  
Don Myers

## Thinking of You

Norris Cooper	James Mc Keller
Joyce Johnson	Jean Heine
Joanne Nagy	Mary Mensinger
Blanche Barlow	Elaine Showstead
Charles Bungy	Harry Jump
Paula Schmid	Charles Coover
Sandy Poe	Ruby Malachi
Marie Catullo	Myrtle Geist
Annette Tomasello	Nancy & Duane Westfall

## Welcome New Members

Peggy Williams	Joann Eatmon
Brenda Jackson	Milton Entzminger
Don Law	Mary DiCamillo

## TRIVIA QUESTIONS

1. Japan has the world's largest \_\_\_\_\_ ?
2. It's possible to lead a cow \_\_\_\_\_ but not \_\_\_\_\_?
3. Thomas Edison, the inventor of the lightbulb, was \_\_\_\_\_ of the \_\_\_\_\_?
4. No two \_\_\_\_\_ look the same? ( clue breakfast)



## Senior of the Month: Joanne Detterline

Joanne was born June 26 in Chester County, PA. She now lives in Wilmington. Joanne worked in the food service at Chester County Hospital after graduation from high school. She then worked as a nurse's aide in a nursing home in West Chester. Joanne also worked at the West Chester University, Denney's and the Holiday Inn. She worked for 15 years while raising four children. Finally retired as a dietary aide from Chester Valley Rehab.

Joanne has eight grandchildren, seven girls and one boy. She also has three great-grandchildren. Her favorite TV Show is Little House on the Prairie. Her favorite food is spaghetti, and a favorite vacation spot is Wildwood, NJ. Joanne likes to read, word search, embroidery, draw and cross stitch. Sounds like you're a busy lady.

Joanne would like to have lunch with Loretta Lynn if she could because she likes her singing.

**Thanks for sharing some of your life with your friends at the center.**

**We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!**

**Daily Activities**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open
Bank & Post Office (1st Monday)	Tax Aide	Tai Chi	Sitting Tai Chi	<b>Trip Day</b>
Computer Class	Bingo	Armchair Exercise	Pinochle Club	Tai Chi
Zumba Gold	Sitting Tai Chi	Open Art Studio (2nd & 4th Wednesdays)	Personal Trainer	Line Dancing
Sewing/Quilting	Sewing/Quilting		Drama Club Practice	Bid Whist
Wii Team Bowling	Personal Trainer		Progressive Line Dancing	
Cardio	Drama Club Practice		Basic Beginners Line Dancing	
	Advisory Board Meeting (3rd Tuesday)		Wii Bowling	
	Arthritis Wellness Class		ShopRite	
				<i>On occasion there may be other trip days. Check your newsletter or call the Center. Times for all programs can be found on page 4.</i>

**Activities & Services Offered Throughout the Year**

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.  
**Game room is open daily from 9am-2pm.**
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

*Look for dates and times in the newsletter or ask the Senior Center staff!*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MARCH 2022</b>  <b>Trip sign up on the 1<sup>st</sup> at 9:30 p.m.</b>	1 TAX AIDE 9: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Wellness Class 12:30: Personal Trainer 12:30 Sassy Ladies Meeting 2: Drama Club Practice	2 <b>Trip 9:30-1:30</b> <b>Tour Grant Opera House</b> 9:30: Tai Chi, Scrabble / Upwords & Puzzles 10: Armchair Exercise	3 9: ShopRite, Wii Four Dames 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 11:30: Speaker: Aetna 12:30: Personal Trainer 2: Drama Club Practice	4 <b>Trip 9-2</b> <b>Boothwyn Farm Market</b> 9:30: Tai Chi 10:30: Line Dancing 12: Welcome Back Bid Whist Club
7 9:30: Zumba Gold Scrabble/ Upword & Puzzles 10-12: Sewing / Quilting 10:15: Wii Four Dames 12:30: Cardio & Computer Instructor	8 TAX AIDE 9: Bingo 9:30 Sitting Tai Chi 10-12: Sewing /Quilting 10:30: Arthritis Wellness Class 12:30: Personal Trainer 2: Drama Club Practice	9 <b>Trip 9-2</b> <b>Deptford Mall &amp; Adelphia</b> 9:30: Tai Chi, Scrabble / Upword & Puzzles 10: Armchair Exercise 10: Open Art Studio	10 9: ShopRite, Wii Four Dames, 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15 Pinochle Club 11:30: Speaker: Blind Sight DE 12:30: Personal Trainer 2: Drama Club Practice	11 <b>Trip 9:30-11:30</b> <b>Prices Corner</b> 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist Club
14 <b>Trip 9-2</b> <b>Shady Maple</b> 9:30: Zumba Class Scrabble/ Upword Puzzles 10: Sewing/Quilting 10:15 Wii Four Dames 12:30: Cardio, Computer Instructor	15 TAX AIDE 9: Bingo 9:30: Sitting Tai Chi 10: Sewing/Quilting 10:30: Arthritis Wellness Class 12: Advisory Broad Meeting 12:30: Personal Trainer 2: Drama Club Practice	16 <b>Trip 10-1:30</b> <b>JOJO'S Diner</b> 9:30: Tai Chi, Scrabble/ Upword & Puzzles 10: Armchair Exercise,	17 9:30: Wii Four Dames, Sitting Tai Chi, 11:15 Pinochle Club 12:30: Group Exercise, ShopRite 2: Drama Club	18 <b>Trip 9-2</b> <b>Wal-Mart &amp; Farmers Market in Middletown</b> 9:30: Tai Chi 10:30: Line Dance, 12: Bid Whist
21 <b>Trip 9-2</b> <b>IKEA</b> 9:30: Zumba Gold 10:15: Wii Four Dames 12:30: Cardio & Computer Instructor	22 TAX AIDE 9: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Wellness Class 12:30: Personal Trainer 2: Drama Club Practice	23 <b>8:30-2:30 Trip</b> <b>Mystery Ride \$10 plus lunch</b> 9:30: Scrabble/Upword 10: Armchair Exercise, Tai Chi, 10: Open Art Studio	24 9: 30: Wii Four Dames, Sitting Tai Chi 11:15: Pinochle Club 12:30: Group Exercise, ShopRite 2: Drama Club	25 <b>Trip 9:30-2</b> <b>Christmas Tree Shop</b> 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist
28 9:30: Zumba Gold Scrabble/Upword, Puzzles 10:15: Wii Four Dames 12:30: Cardio, Computer Instructor	29 TAX AIDE 9: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Wellness Class 12:30: Personal Trainer 2: Drama Club Practice	30 <b>Trip 9:30-2</b> <b>Christiana Mall</b> 9:30: Tai Chi, Scrabble/ Upword, Puzzles	31 9: ShopRite, Wii Foxy Ladies 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD	

**Absalom Jones Senior Center  
Advisory Board**

**President:** John DuVernay  
**Vice-President:** William Kaper  
**Secretary:** Castella LaCompte  
**Assist. Secretary:** Joan Gay  
**Goodwill Ambassador:**

**Staff**

**Director:** Joan Budrow  
**Assistant Director:** Judy Panchisin  
**Site Manager:** Sheila Kellam  
**Secretary:** Sheila Carlisle  
**Drivers:** Wayne Winters, Dawn Myers

**Advisory Board Meeting  
March 15, 12 p.m.**

**Legacy**

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

**Friendly Reminder**

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

**Book Buddy Program**

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

**Greeting Cards**

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

**Emergency Food Assistance**

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.



**PINOCHLE CORNER**

**FEBRUARY**

**6 GAMES**

Dell Swann	341
Sue DeCola	324
Joanne Tweed	324
Cele Kruger	298
Maggie King	298
Snookie Kennedy	258
Eleanor Stone	251
Libby Ward	173
Francis Adams	162